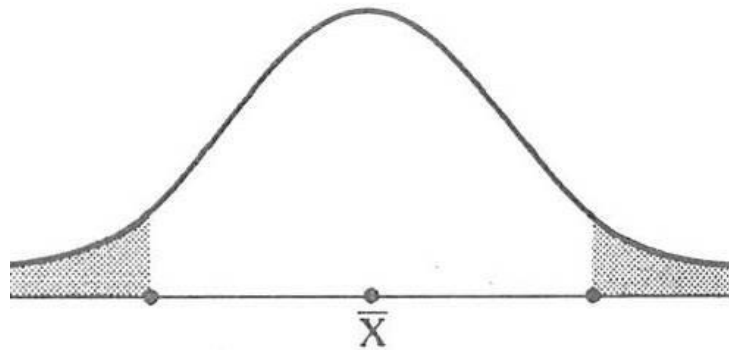


Registration Examination for Dietitians – Practice Questions

1. Using the 5-week, simple moving average method of forecasting and the data below, the dietitian will need how many servings for October 7th?

Roast Beef Special	Number of Servings Consumed
September 5	125
September 12	115
September 19	119
September 26	123
October 2	120
October 10	121

- A. 115
B. 120
C. 121
D. 125
2. A dietitian who is counseling the mother of a child with eating difficulties has evaluated needs and decided on the best alternatives for feeding. The dietitian should next:
- A. evaluate the mother's level of comprehension.
B. instruct the mother in various feeding approaches.
C. obtain a list of the child's food preferences and typical eating patterns.
D. review with the mother the ways to implement the recommended approaches.
3. During a counseling session about lowering sodium, the client states, "I have begun reading labels to identify the sodium content of foods." The client is in which of the following stages of change?
- A. Precontemplation
B. Contemplation
C. Preparation
D. Action
4. A distribution of body weights is shown on the curve below.



Which of the following statements best describes the samples that fall within the shaded areas?

- A. They are positively skewed.

Registration Examination for Dietitians – Practice Questions

- B. They are negatively skewed.
 - C. They indicate a bimodal distribution.
 - D. They are two standard deviations from the mean.
5. A patient has a pre-surgery serum albumin level of 3.7 mg/dl and a post-surgery level of 3.1 mg/dl. The dietitian should recognize that:
- A. a laboratory error has likely occurred.
 - B. the patient is experiencing a protein-losing enteropathy.
 - C. a decreased serum albumin level is normal after surgery.
 - D. the patient is experiencing severe visceral protein storage depletion.
6. An adolescent's BMI is plotted at the 90th percentile on the Centers for Disease Control and Prevention growth chart. The adolescent is:
- A. obese.
 - B. overweight.
 - C. normal weight.
 - D. at risk for overweight.
7. A patient with chronic kidney disease on hemodialysis has the following laboratory test results: BUN, 50 mg/dl; albumin, 2.8 g/dl; and calcium, 8 mg/dl. What recommendation should the dietitian make to improve these laboratory values?
- A. Decrease fluid intake.
 - B. Increase protein intake.
 - C. Use a calcium supplement.
 - D. Increase the amount of phosphate binders.
8. An infant with phenylketonuria requires which of the following dietary alterations?
- A. Low-isoleucine, high-valine
 - B. High-isoleucine, low-valine
 - C. Low-phenylalanine, high-tyrosine
 - D. High-phenylalanine, low-tyrosine
9. How many FTE employees would be required to staff ten 8-hour positions that require coverage 7 days a week?
- A. 10.0
 - B. 14.0
 - C. 14.4
 - D. 15.5

Registration Examination for Dietitians – Practice Questions

10. Transferring a staff member who is rumored to have chronic obstructive pulmonary disease violates which of the following acts?
- A. Equal Employment Opportunity Act
 - B. Americans with Disabilities Act
 - C. Fair Labor Standards Act
 - D. Civil Rights Act

Practice Examination for Dietitians

Answer Key and Classification List

Item Number	Domain Classification	Answer Key
1	IV.B	B
2	I.C	D
3	I.C	C
4	I.D	D
5	II.A	C
6	II.A	B
7	II.C	B
8	II.C	C
9	III.A	B
10	III.B	B